

2019 FSD Frontier Games Menu

Date/Time:	Meal:	Menu:
March 6 4:30-6:30PM	Dinner	Tossed Salad Chili & Bannock Rice Crispy Squares
10:00PM	Snack	<i>Assorted Muffins, Rice Crispy Squares, Nutrigrain Bars, Cookies, Fresh Fruit</i>
March 7 7-9:00AM	Breakfast	Fruit Oatmeal Pancakes & Sausages Juice & Fresh Fruit
11:30-1:30PM	Lunch	Pasta salad Grilled Ham & Cheese Tomato Soup Mixed Jello
4:30-6:30PM	Dinner	Tossed Salad Roast Beef /Mashed & Veggies Fruit Crumble
10:00PM	Snack	<i>Assorted Muffins, Rice Crispy Squares, Nutrigrain Bars, Cookies, Fresh Fruit</i>
March 8 7-9:00AM	Breakfast	Cheese Omelets Bacon/ Hash Browns Fresh Fruit Platters
11:30-1:30PM	Lunch	Potato Salad Chicken Noodle Soup Roast Beef Sandwich Assorted Cookies
4:30-6:30PM	Dinner	Tossed Salad/Cole Slaw Lasagna /Garlic toast Fruit Salad
10:30PM	Snack	<i>Assorted Muffins, Rice Crispy Squares, Nutrigrain Bars, Cookies, Fresh Fruit</i>

March 9 6:00AM	Breakfast	Cereal Muffins Fresh Fruit Juice
	Lunch (to go as needed)	Sandwich Juice box Fruit

Note * All meals will be served at HBO's Cafeteria - A090*